

ACT OF CONSECRATION TO THE SACRED HEART

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thy altar. We are Thine, and Thine we wish to be; but, to be more surely united with Thee, behold each one of us freely consecrates himself today to Thy most Sacred Heart.

Many indeed have never known Thee; many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart.

Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to Thy Father's house lest they die of wretchedness and hunger.

Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them all into the light and Kingdom of God. Turn Thine eyes of mercy toward the children of that race, once Thy chosen people. Of old they called down upon themselves the Blood of the Savior; may it now descend upon them a laver of redemption and of life.

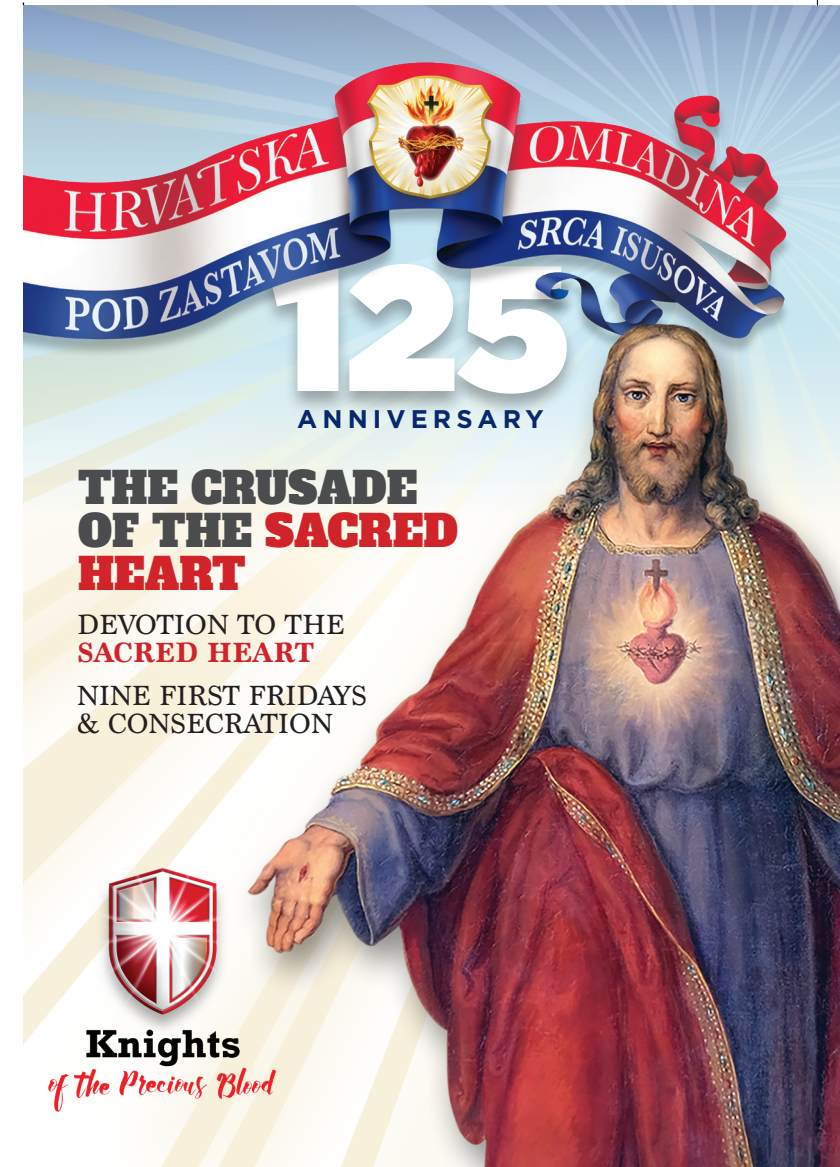
Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: "Praise to the divine Heart that wrought our salvation; to It be glory and honour forever." Amen.

MY NINE FIRST FRIDAYS

	Date	Good Confession	Holy Mass	Communion of Reparation	Act of Reparation
1	04/10/24	☐	☐	☐	☐
2	01/11/24	☐	☐	☐	☐
3	06/12/24	☐	☐	☐	☐
4	03/01/25	☐	☐	☐	☐
5	07/02/25	☐	☐	☐	☐
6	07/03/25	☐	☐	☐	☐
7	04/04/25	☐	☐	☐	☐
8	02/05/25	☐	☐	☐	☐
9	06/06/25	☐	☐	☐	☐

MY CONSECRATION

	Date	Holy Mass	Communion	Act of Consecration	Do Nebesa nek se Ori
	27/06/25	☐	☐	☐	☐



FIRST FRIDAYS – DEVOTION TO THE SACRED HEART OF JESUS

This devotion comes to us from Jesus who in 1672 appeared to St. Margaret Mary Alacoque and revealed to her His Sacred Heart. Jesus especially asked that on the First Friday of each month, people go to Confession and receive Holy Communion, and that reparation be made for sins committed against His Sacred Heart and the Holy Eucharist.

Jesus gave us, through St. Margaret Mary, twelve promises for those who practice devotion to His Sacred Heart. Among these promises, Jesus made a specific promise related to the First Friday devotion:

“I promise you, in the excessive mercy of my Heart that my all-powerful love will grant to all those who receive Holy Communion on the first Friday for nine consecutive months, the grace of final repentance; they shall not die under My displeasure nor without receiving the sacraments; My Heart shall be their assured refuge at the last hour.”— Jesus to St. Margaret Mary Alacoque

In order to receive these graces:

- The nine Fridays must be consecutive
- Confession
- Attend Mass and receive Holy Communion
- The nine First Fridays must be made in honour of and in reparation to Our Lord's Most Sacred Heart.

The Consecration – Feast of the Sacred Heart June 2025

ACT OF REPARATION TO THE SACRED HEART

O sweet Jesus, Whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, be-hold us prostrate before Thy altar eager to repair by a special act of homage the cruel indifference and injuries, to which Thy loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Thy Law.

We are now resolved to expiate each and every deplorable outrage committed against Thee; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behaviour, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holy-days, and the shocking blasphemies uttered against Thee and Thy saints. We wish also to make amends for the insults to which Thy Vicar on earth and Thy priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Thy divine love; and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which Thou hast founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Thy divine honour, the satisfaction Thou didst once make to Thy eternal Father on the cross and which Thou dost continue to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can, with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity. We promise to the best of our power to prevent others from offending Thee and to bring as many as possible to follow Thee.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to Thee, so that we may one day come to that happy home, where Thou with the Father and the Holy Ghost livest and reignest God, world with-out end. Amen.